

# **From Broken Home to Healing House: One Divorced Mom's Journey from Being Abandoned to Embraced.**

Presented by:  
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## **Traits of a Broken Home:**

### **The 4 "A"s**

Addiction

Abuse

Adultery

Abandonment

*"If God doesn't build the house, the builders only build shacks. If God doesn't guard the city, the night watchman might as well nap. It's useless to rise early and go to bed late and work your worried fingers to the bone. Don't you know he enjoys giving rest to those he loves?" Psalm 127:1 MSG*

*"The Lord declares to you that the Lord himself will establish a house for you." 2*  
Samuel 7:11

**What are the components of a healing house?**

Left Roof= Courage

Right Roof = Creative

Left Wall=Health

Right Wall=Honest



Foundation = Strong: not my own strength but the strength of God's  
unconditional love

***Reflect: What are your own walls built from? (If you don't know yet,  
consider asking God for words of your own).***

**Questions to consider:**

What is broken in your life/relationship?

Where do you need to invite in accountability?

Who can you safely look to for help?

Does your foundation need work? What specific “cracks” need to be addressed?

How’s your health? (Physical, emotional, spiritual, financial)

Where do you need to be honest with yourself, with God, or others?

What is your courageous and/or creative next step?

*“Lord Almighty, God of Israel, you have revealed this to your servant, saying, ‘I will build a house for you.’ So your servant has found courage to pray this prayer to you. Sovereign Lord, you are God! Your covenant is trustworthy, and you have promised these good things to your servant. Now be pleased to bless the house of your servant, that it may continue forever in your sight; for you, Sovereign Lord, have spoken, and with your blessing the house of your servant will be blessed forever.” 2 samuel 7:27-29*

*God wants to heal your heart and give you a JOY FILLED life!*

***Resources: Things that have helped me and others  
experiencing separation and divorce.***

The song “Defender” by Rita Springer

Mending the Soul <https://mendingthesoul.org>

Al-anon Portland <https://al-anonportlandoregon.org>

ARMS (Abuse Recovery Ministry Services)  
<https://abuserecovery.org>

Boundaries: When To Say Yes, How To Say No To Take  
Control Of Your Life. Henry Cloud & John Townsend

Why Does He Do That?; Inside The Minds Of Angry  
Controlling Men. Lundy Bancroft

The Cure: What If God Isn't Who You Think He Is and Neither  
Are You. Trueface, Bruce McNicol

*You can contact me via @healinghouse3 on Instagram. This is  
a private account created just for InCourage. Please note: I  
don't check socials everyday so be patient if you are awaiting a  
response. :)*

