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**THERAPEUTIC GROUPS & WORKSHOPS** - *Contact directly to register*

- Wholehearted Parenting Workshop (TBD) – Roshana Grile
- Boundaries (TBD) – Felicia Wallberg
- Mending the Soul (TBD) – Annmarie Johnson
- Hold Me Tight/Let Me Go – (parents & teens) – Heidi Tillotson and Annmarie Johnson

**SPIRITUAL ENRICHMENT** - *Visit the website for dates & registration*

- Courageous Women's Prayer Retreats at the Living Wholehearted Lodge & Retreat
- Courageous Mother & Daughter Prayer Retreats
- Core Values Index Couples & Family Retreats

**LEADERSHIP DEVELOPMENT** - *Contact Jeff Mattson for more Information*

- Wholehearted Leadership Cohorts
- Core Values Index Organizational Retreats & Workshops